

## TEMA 4. L'APARELL LOCOMOTOR

L'aparell locomotor esta format per:

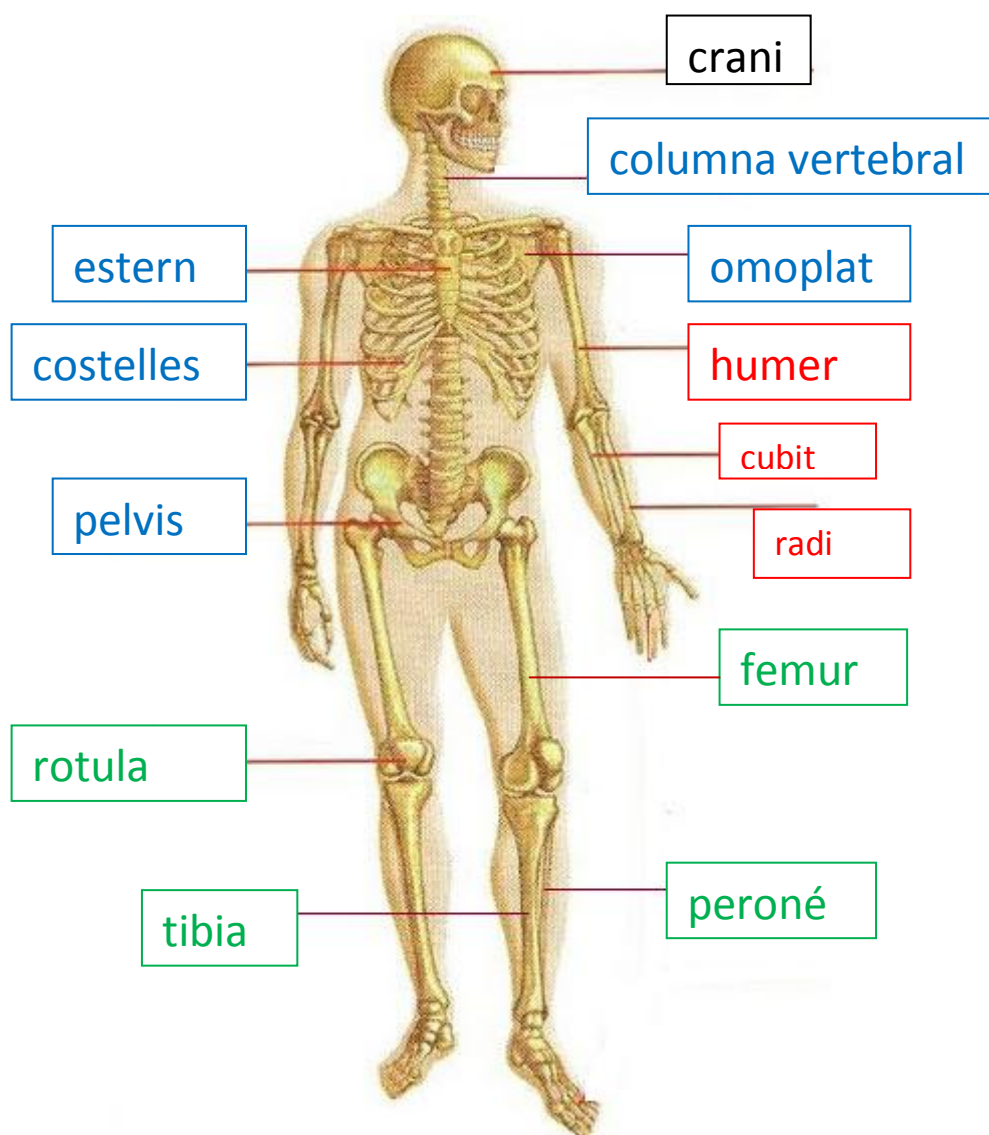
- esquelet
- musculatura

### L'ESQUELET

L'esquelet **és** el conjunt d'ossos que hi ha a l'interior del nostre cos.

Funcions → sostindre el cos

→ protegir els òrgans



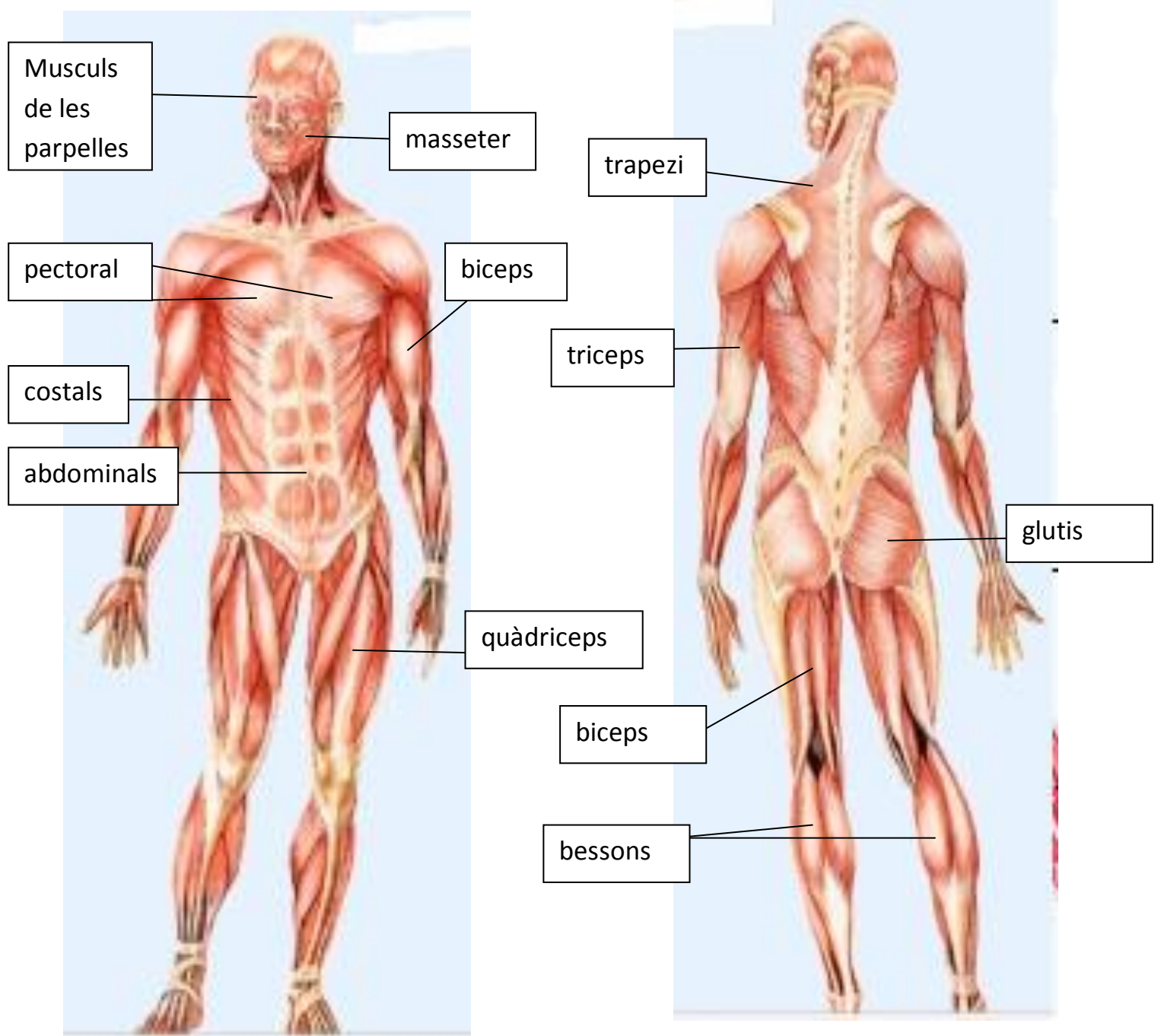
## LA MUSCULATURA

Conjunt de músculs que hi ha a l'interior del nostre cos.

Funció: produir moviments

Moviments:

- relaxat
- contrau: fan moviment, es doblega / s'estira



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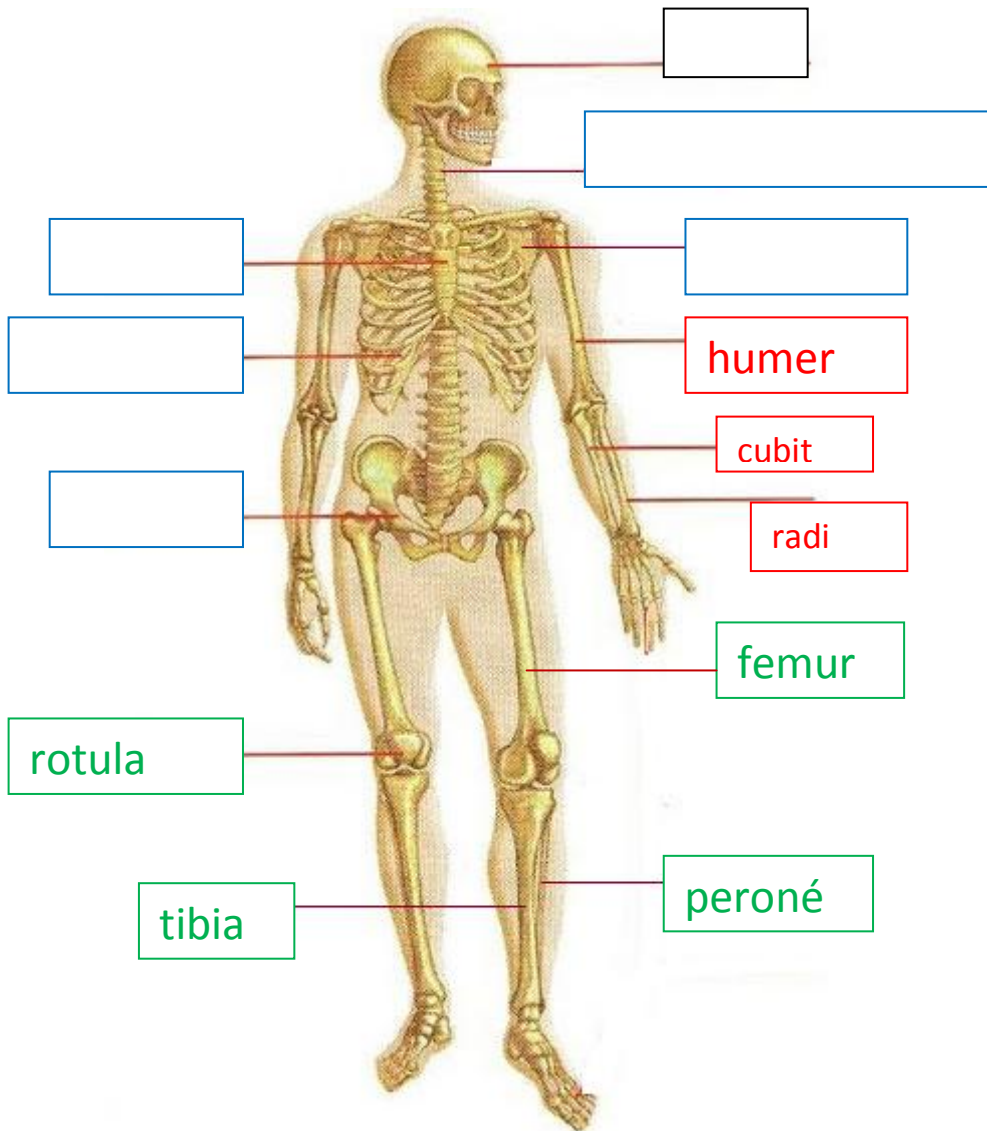
- .....
- .....

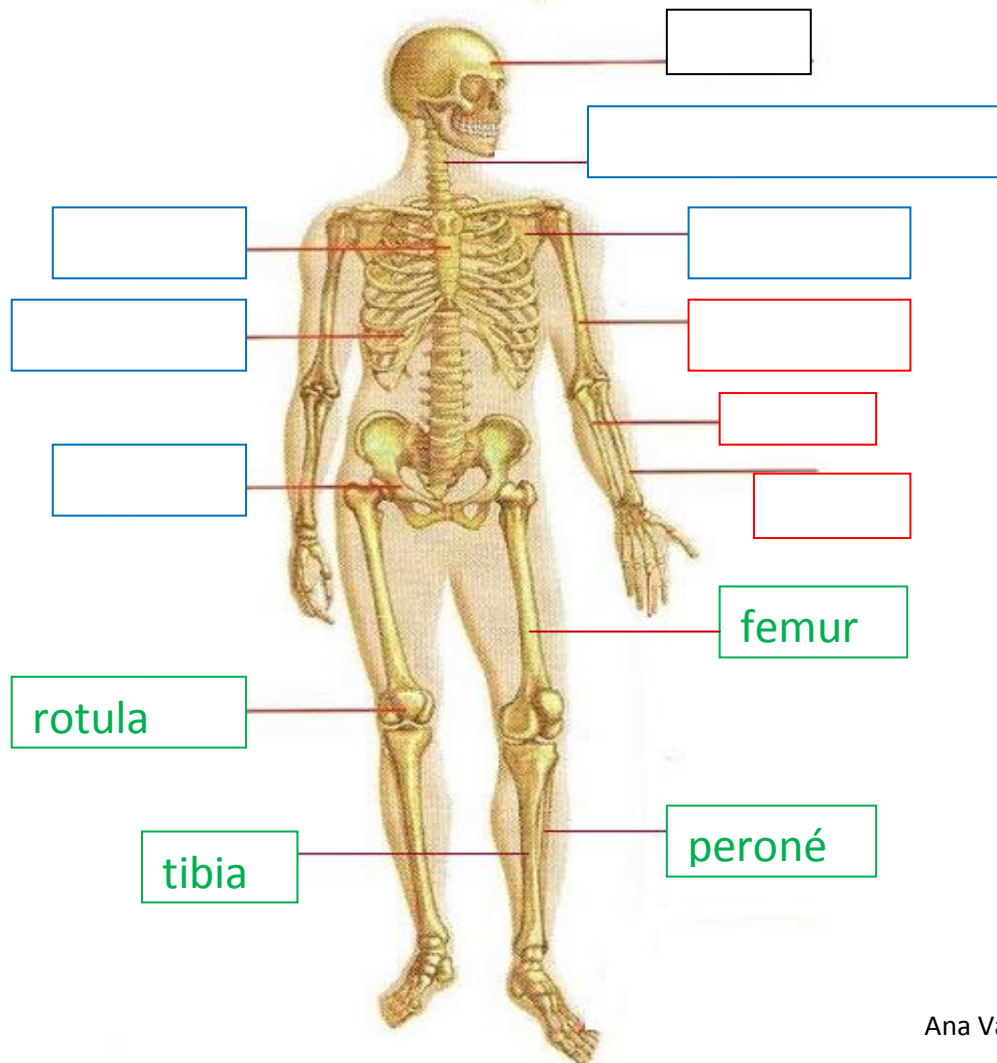
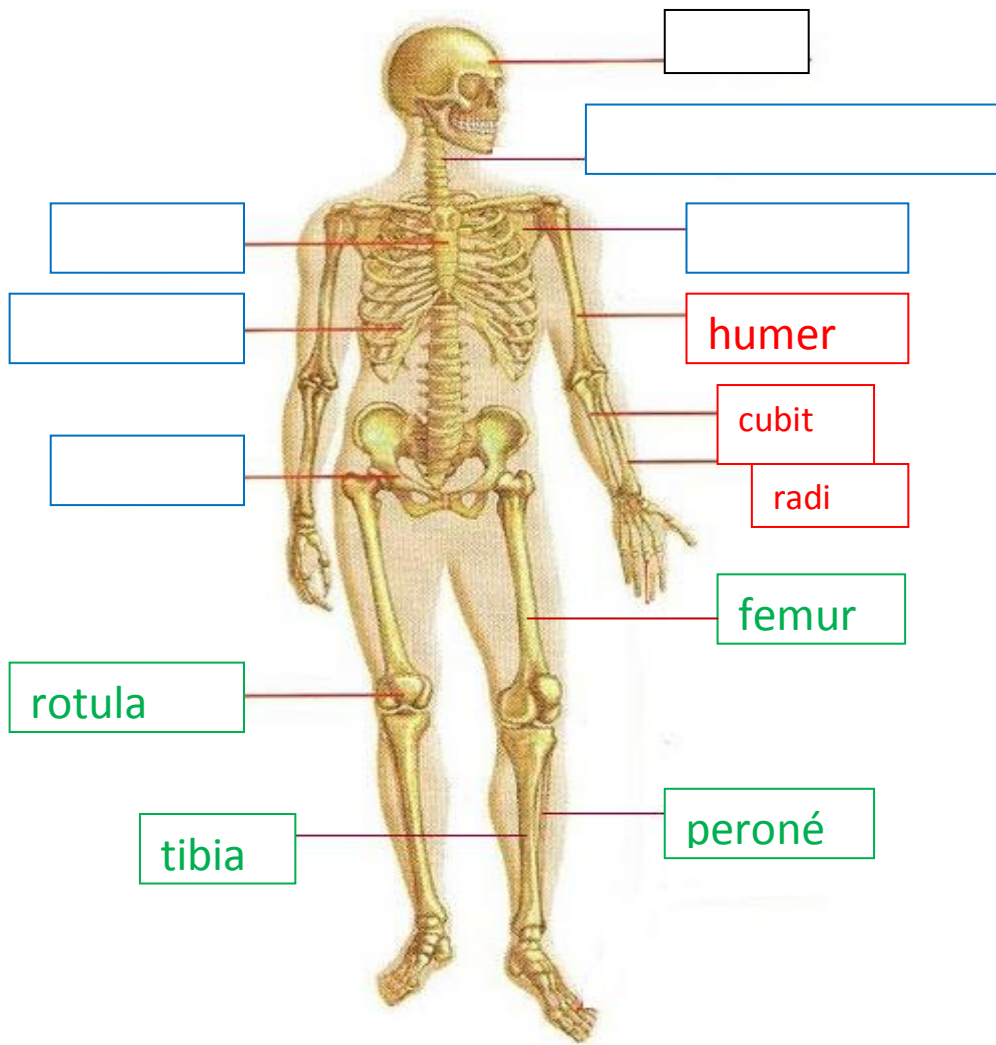
### L'ESQUELET

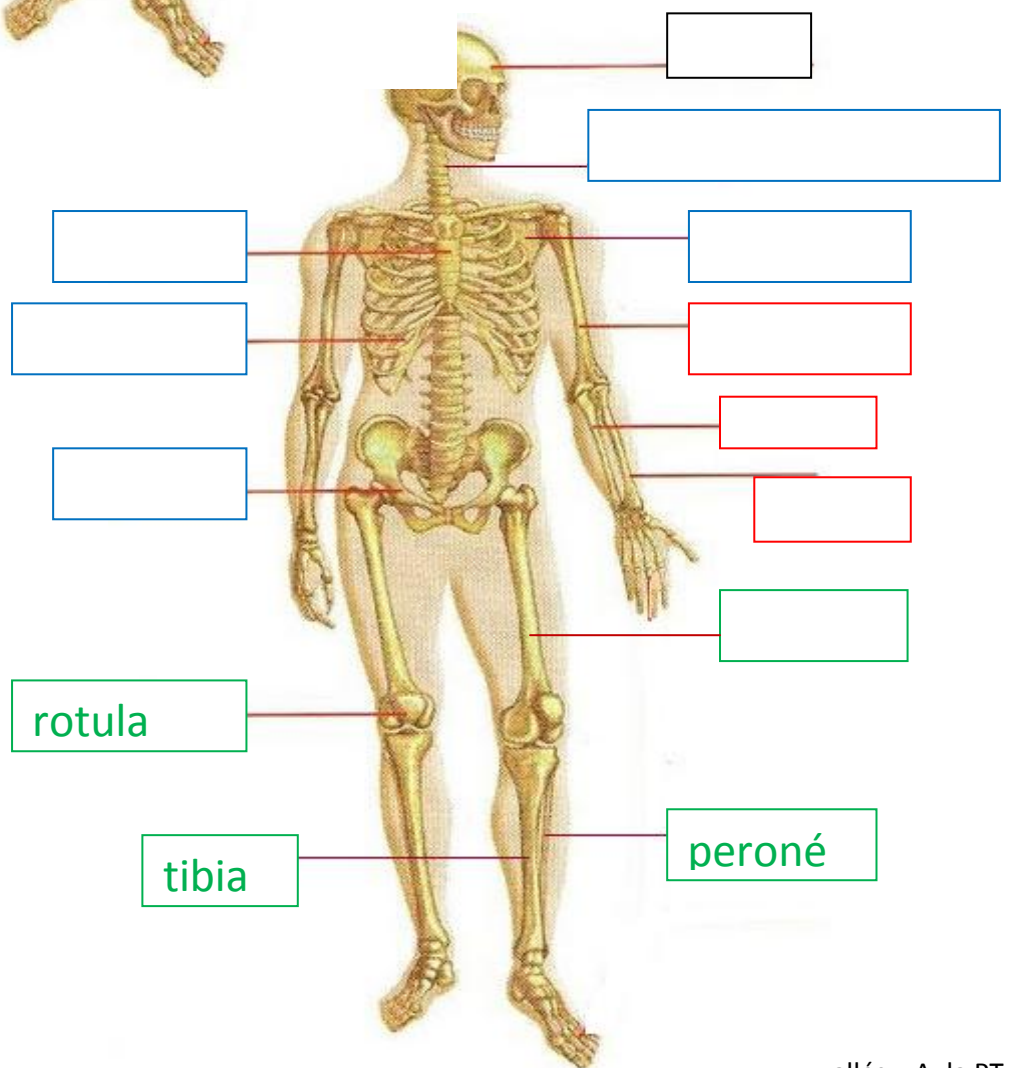
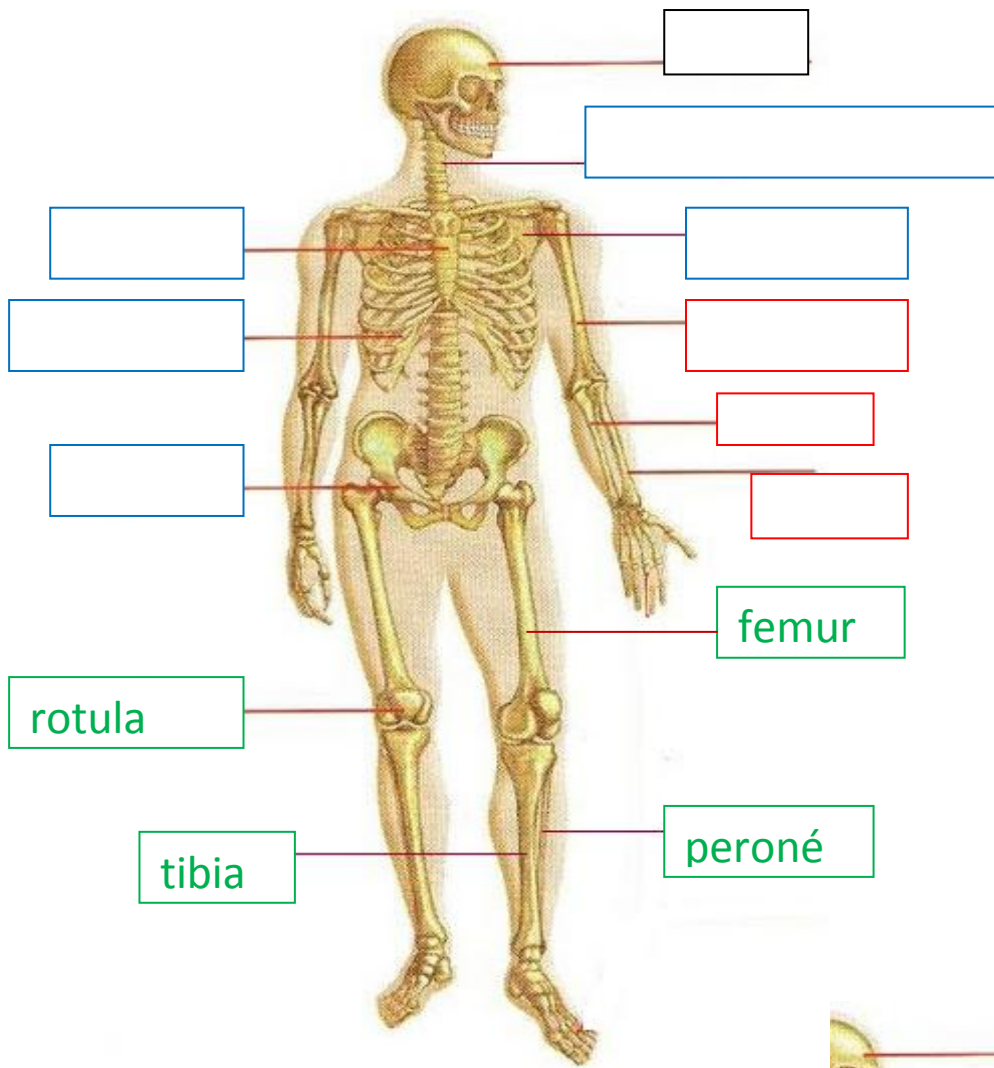
L'esquelet és :.....

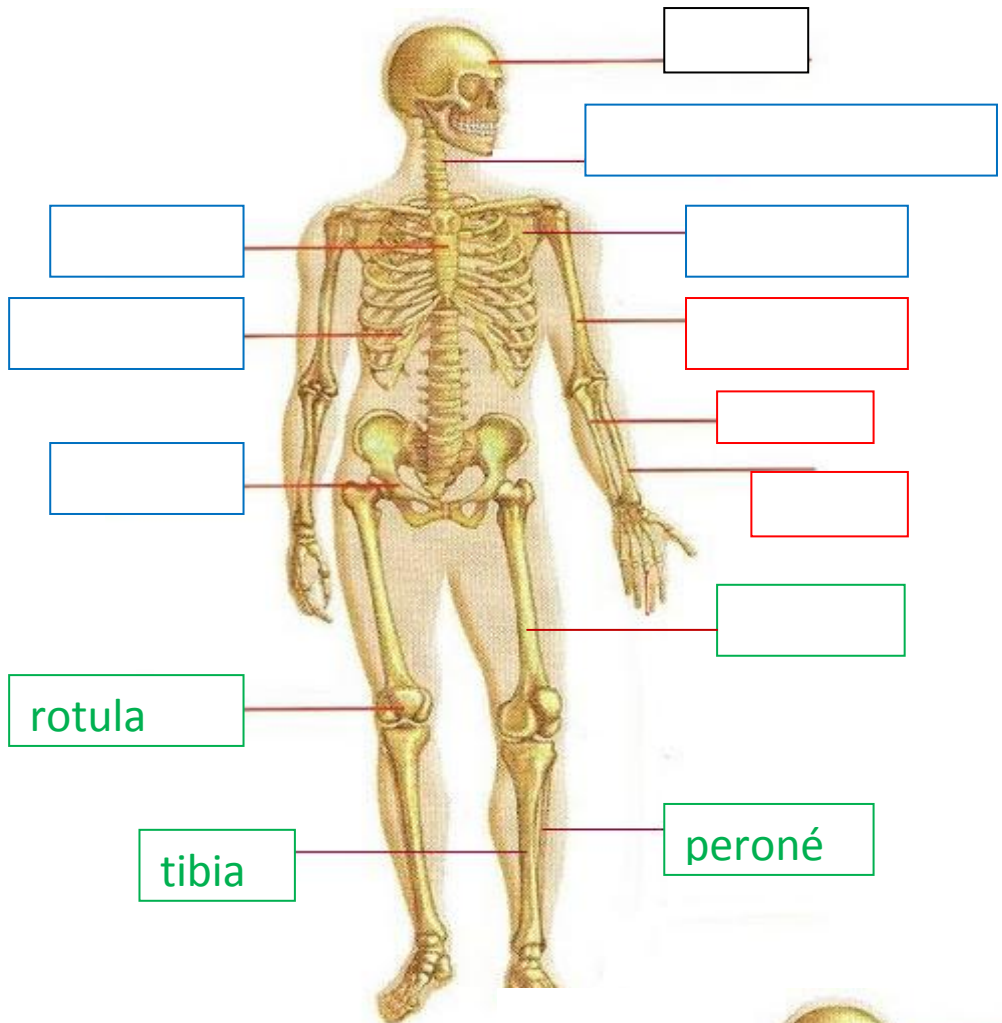
Funcions → .....

→ .....





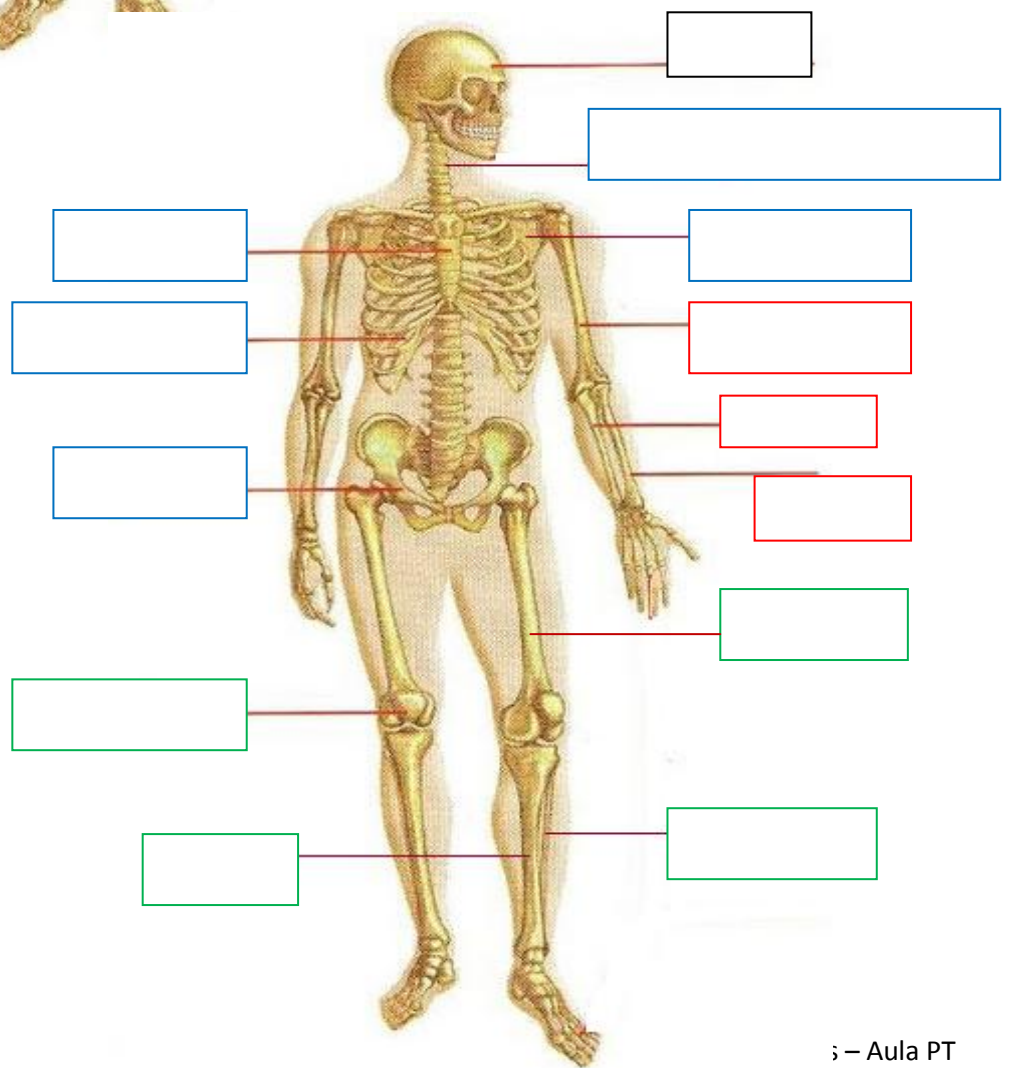


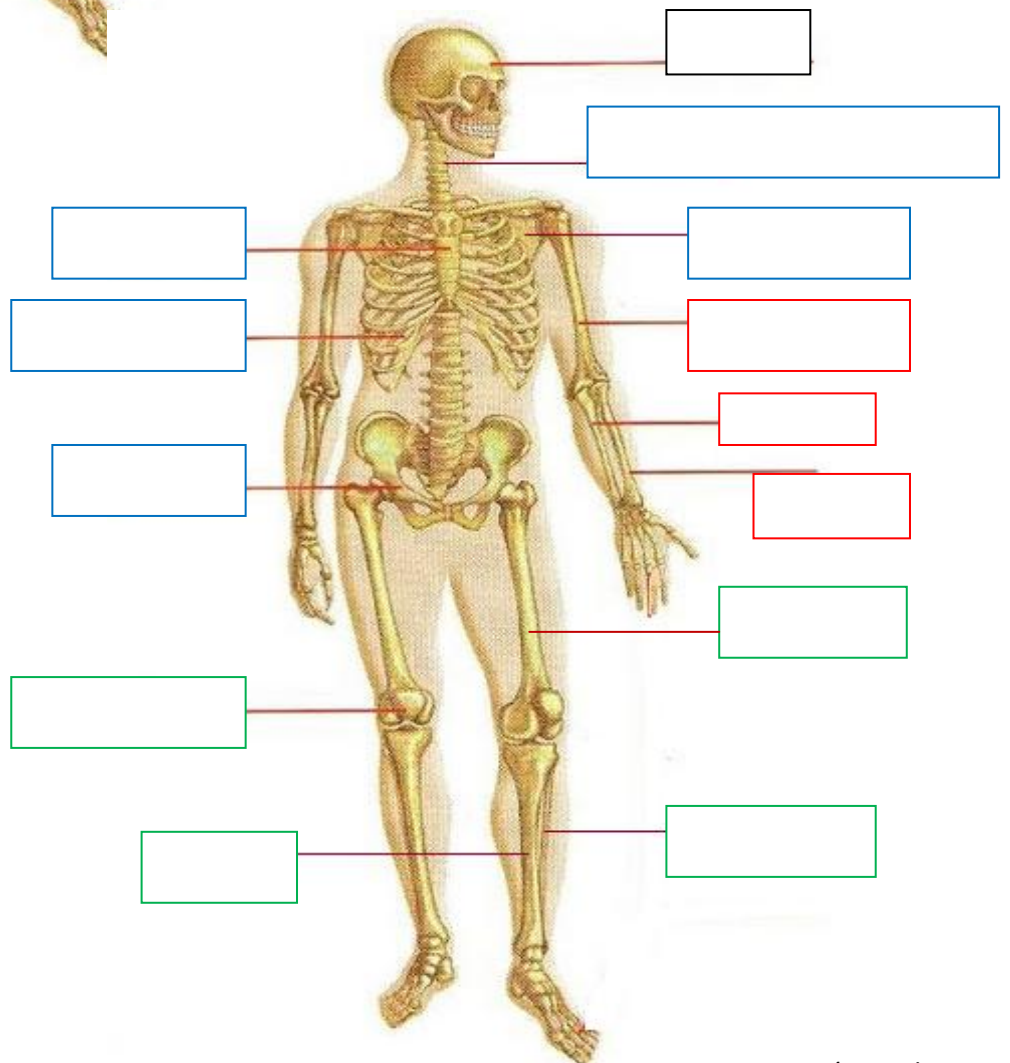
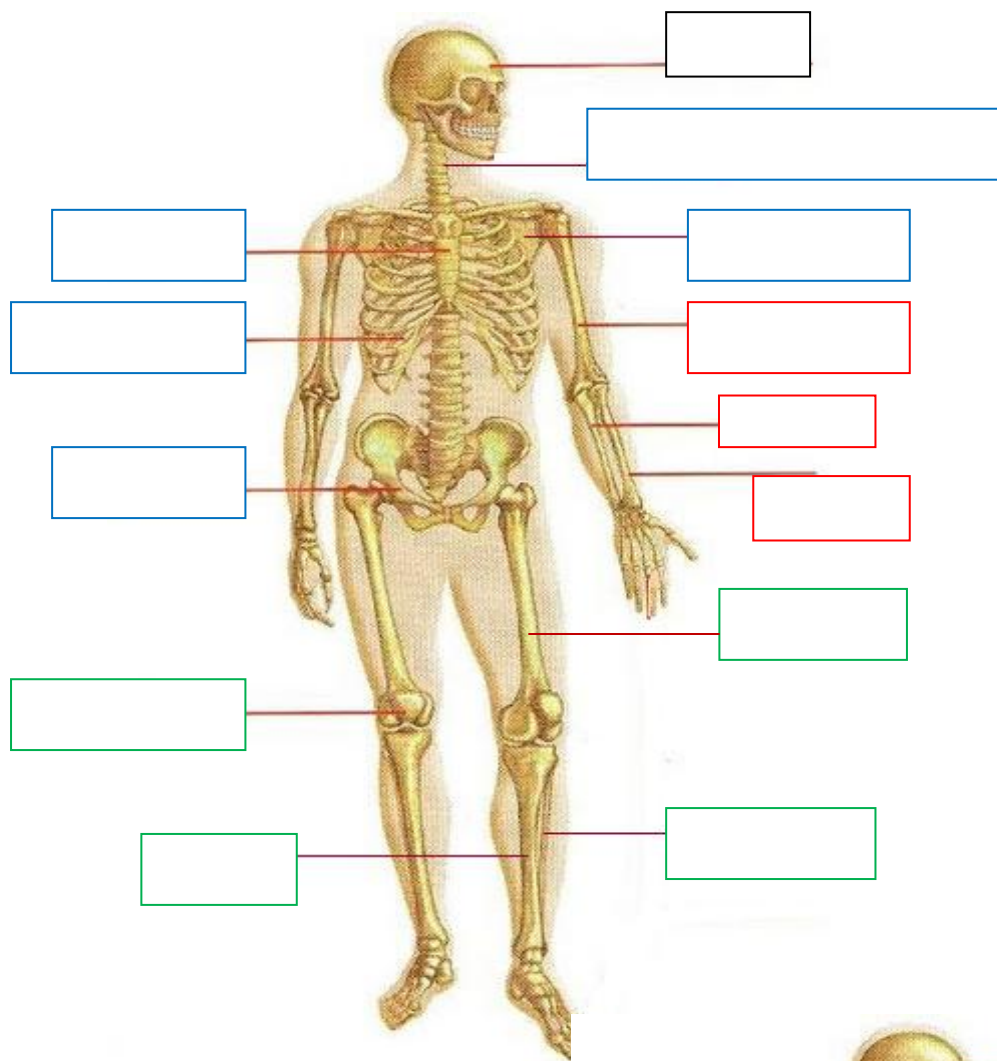


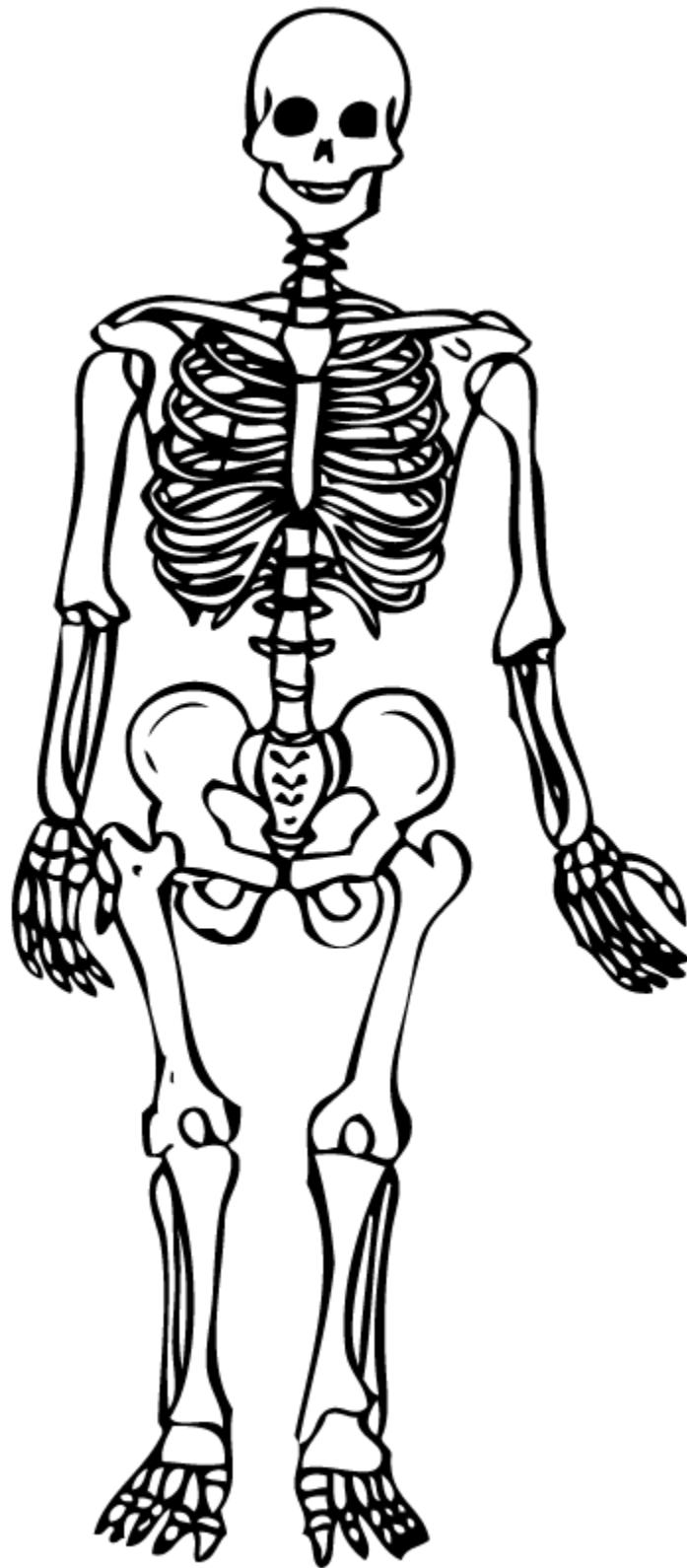
rotula

tibia

peroné









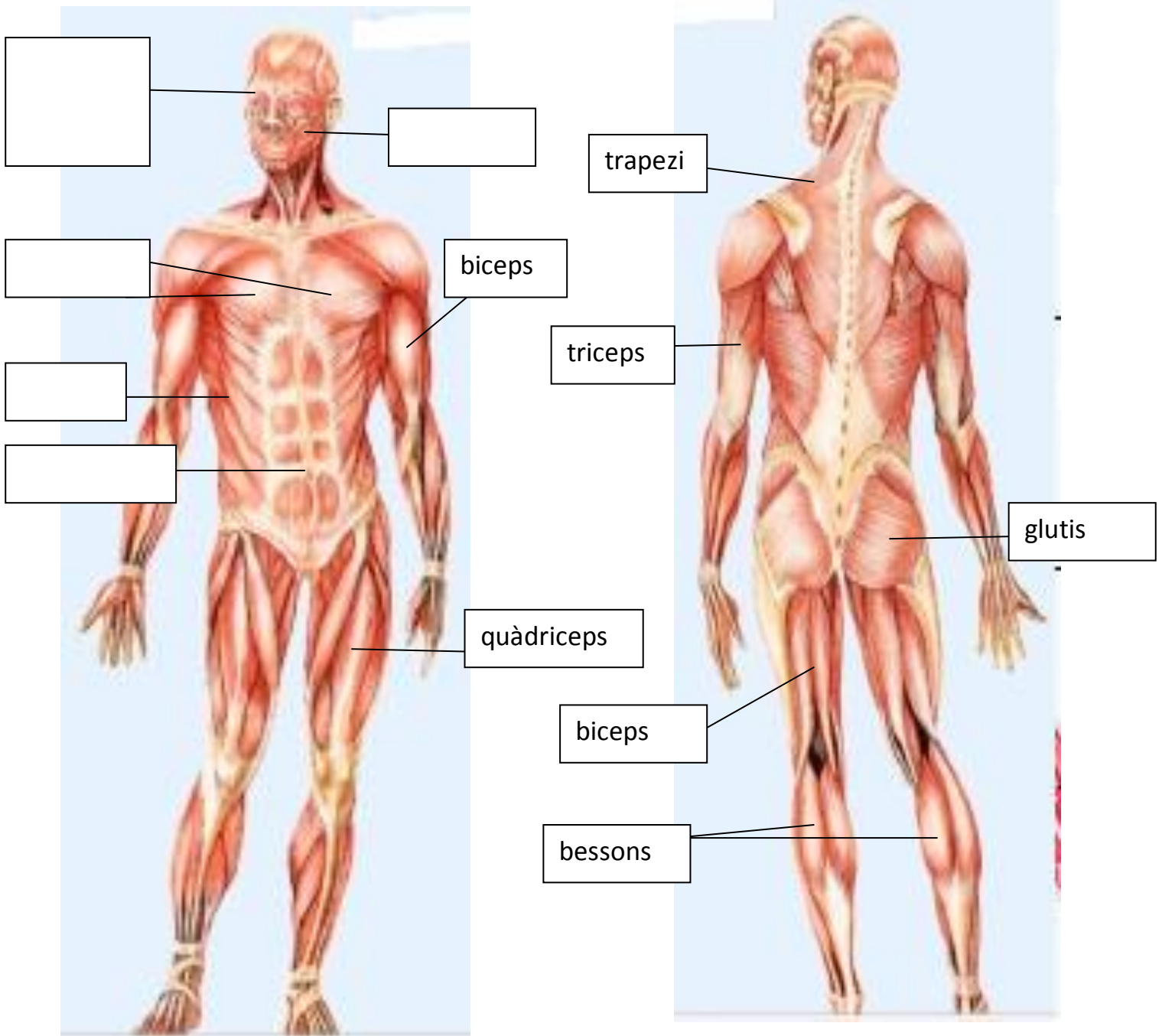
# LA MUSCULATURA

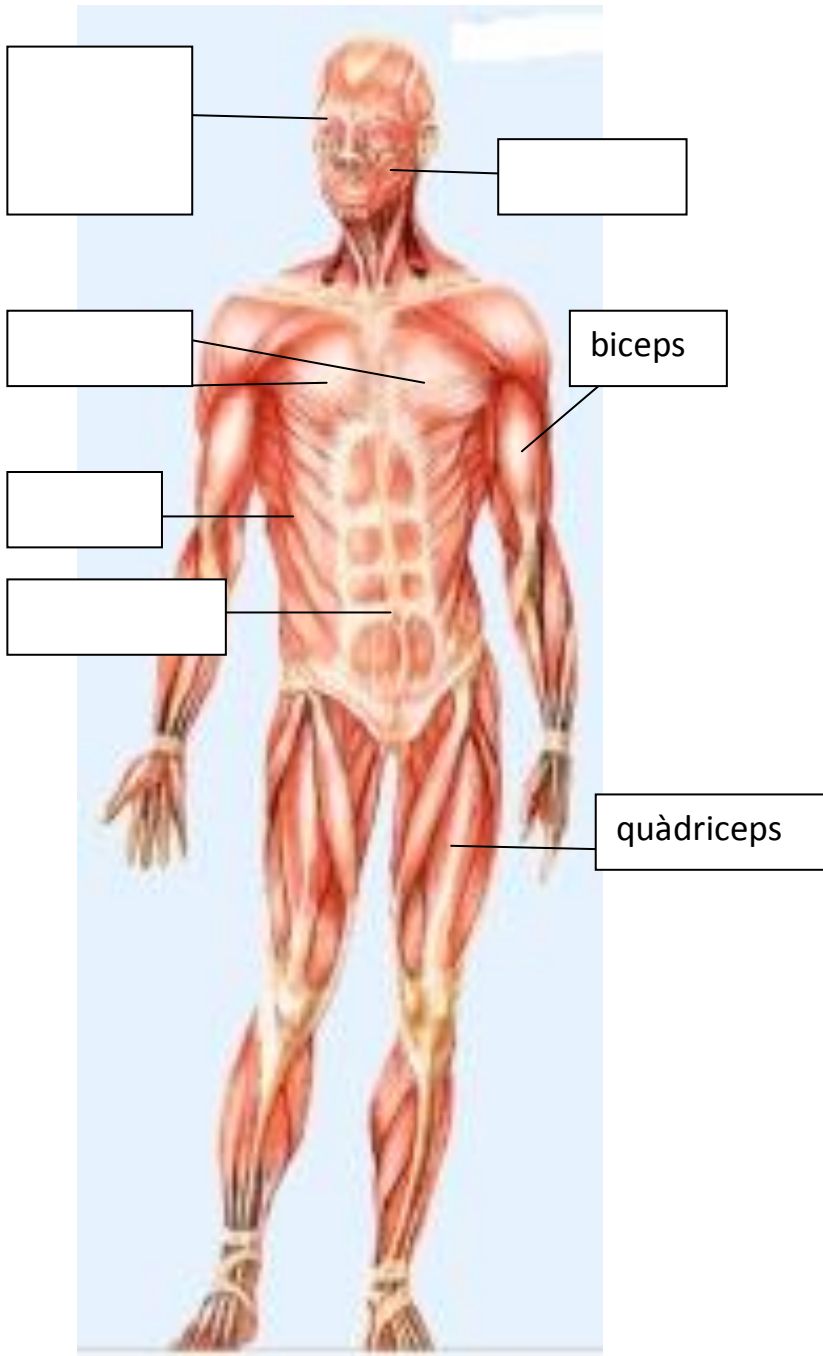
Què és la musculatura? .....

Funció: .....

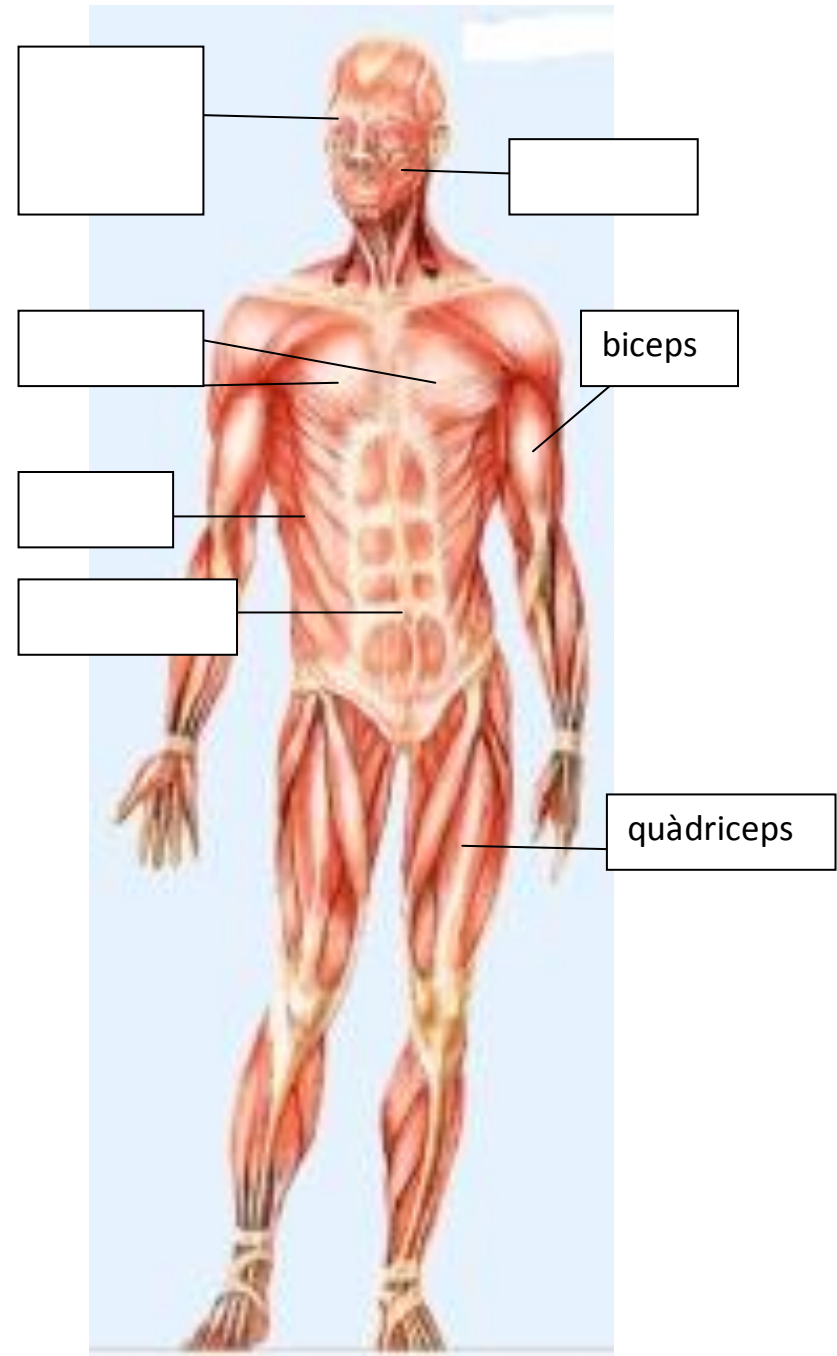
Moviments:

- .....
- .....: fan moviment, es doblega / s'estira

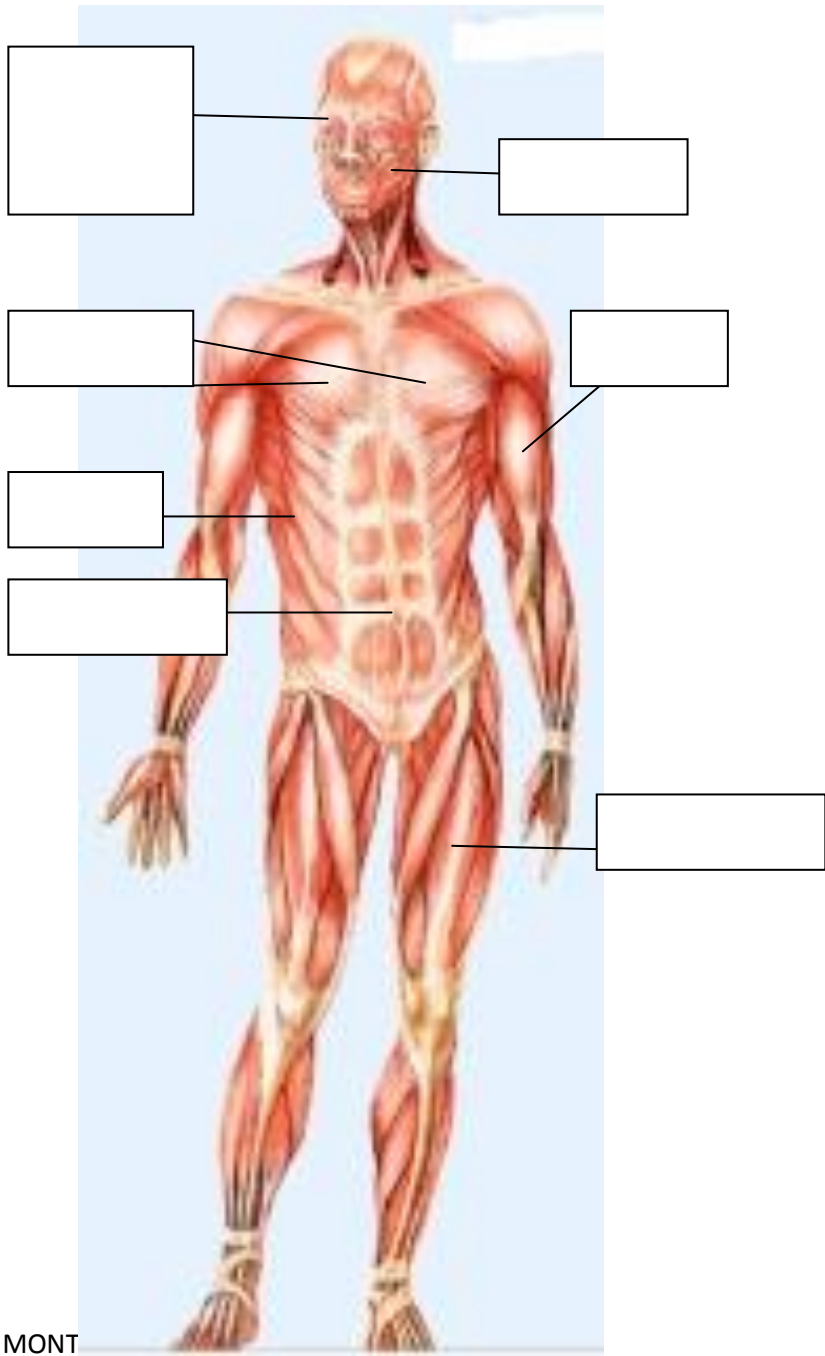




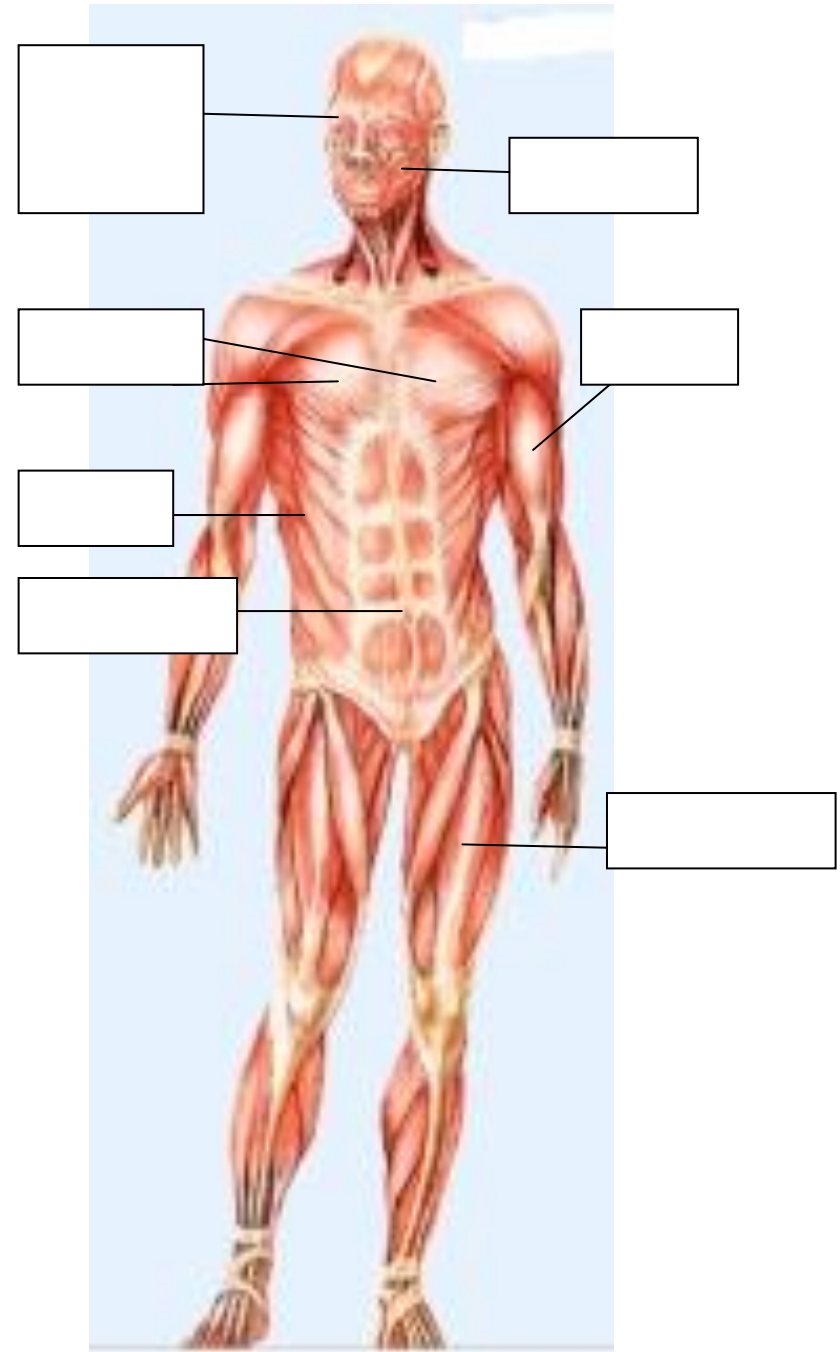
C.P. MONTGO



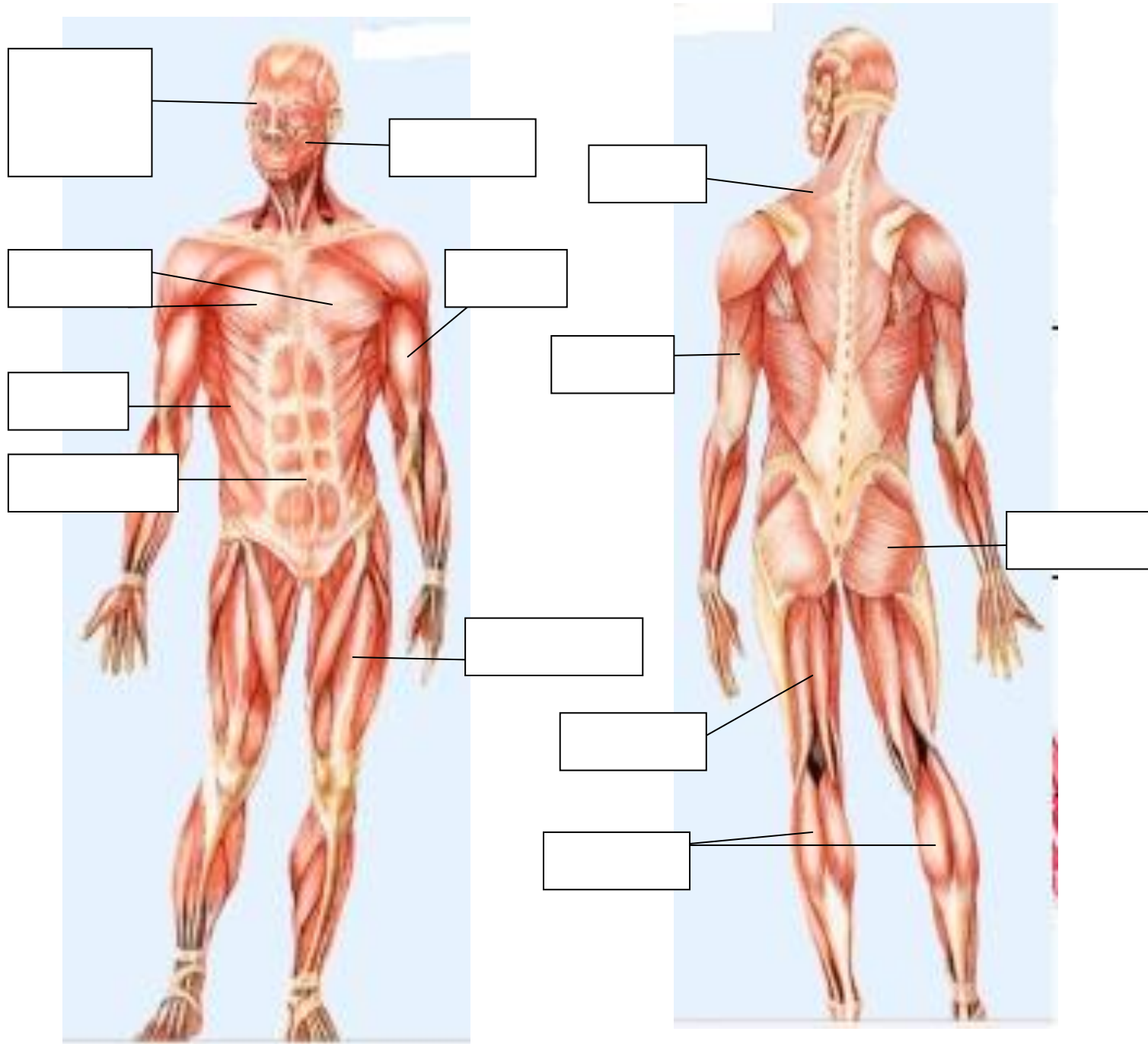
Ana Vallés – Aula PT

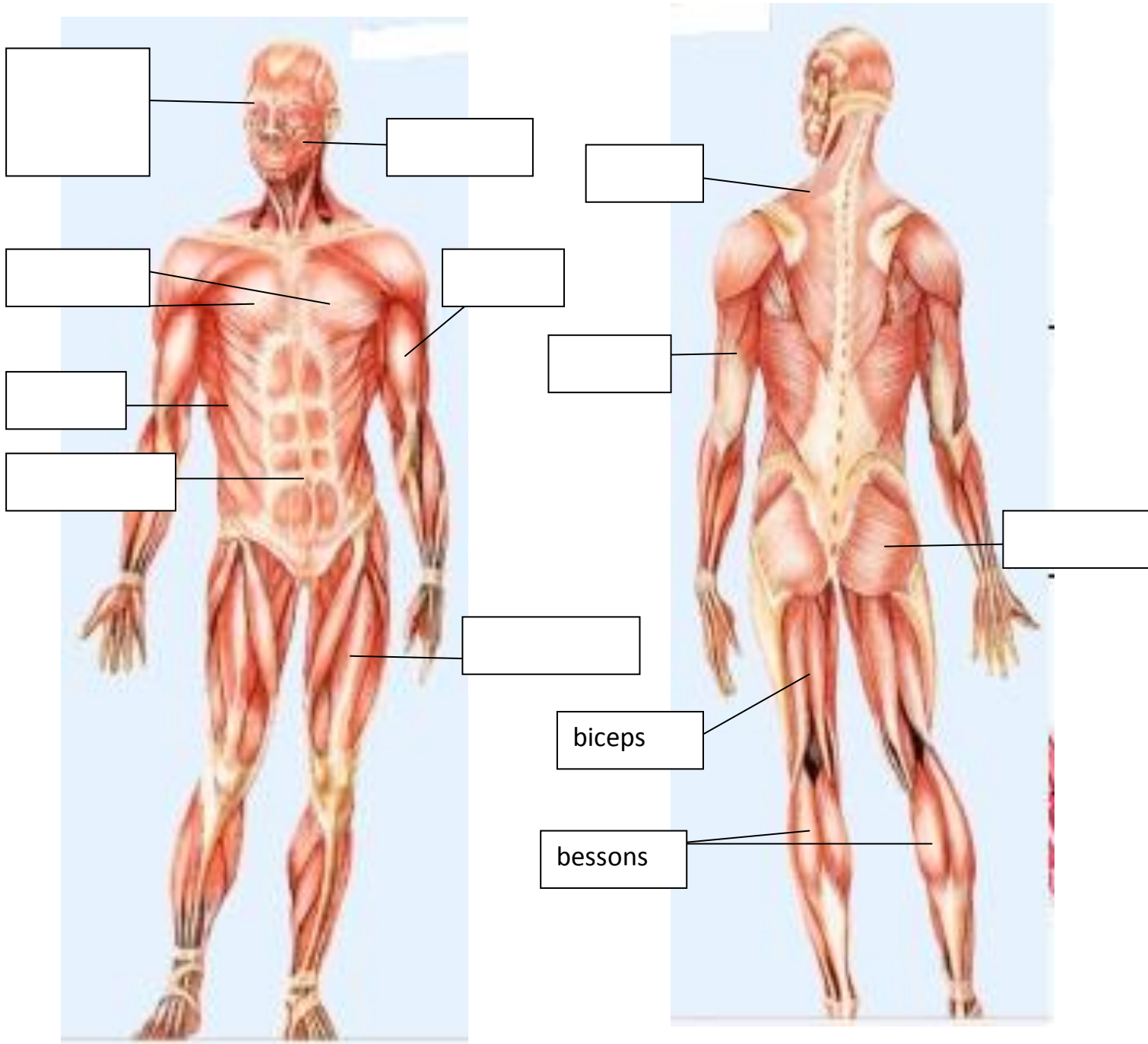


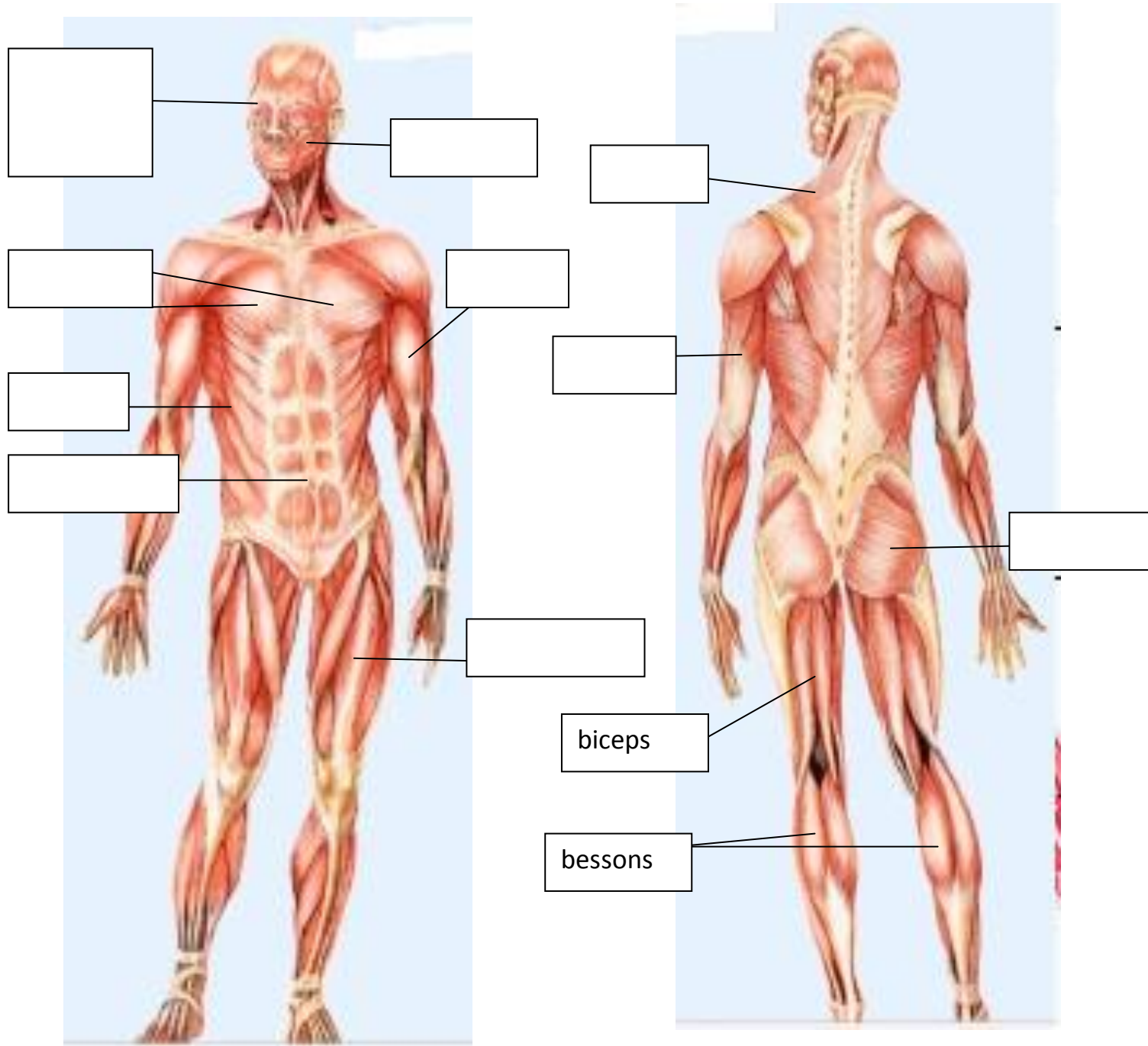
C.P. MONT

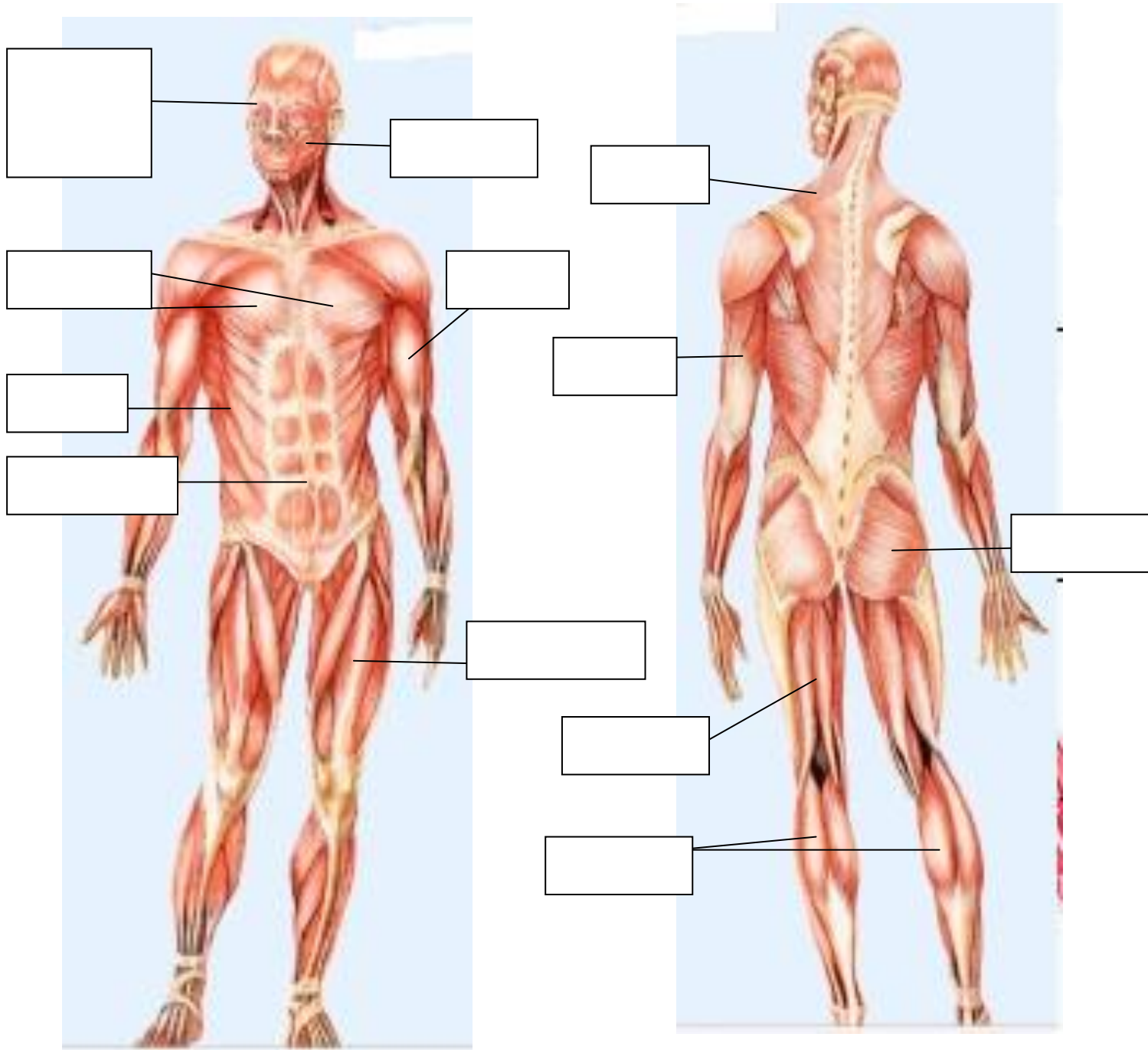


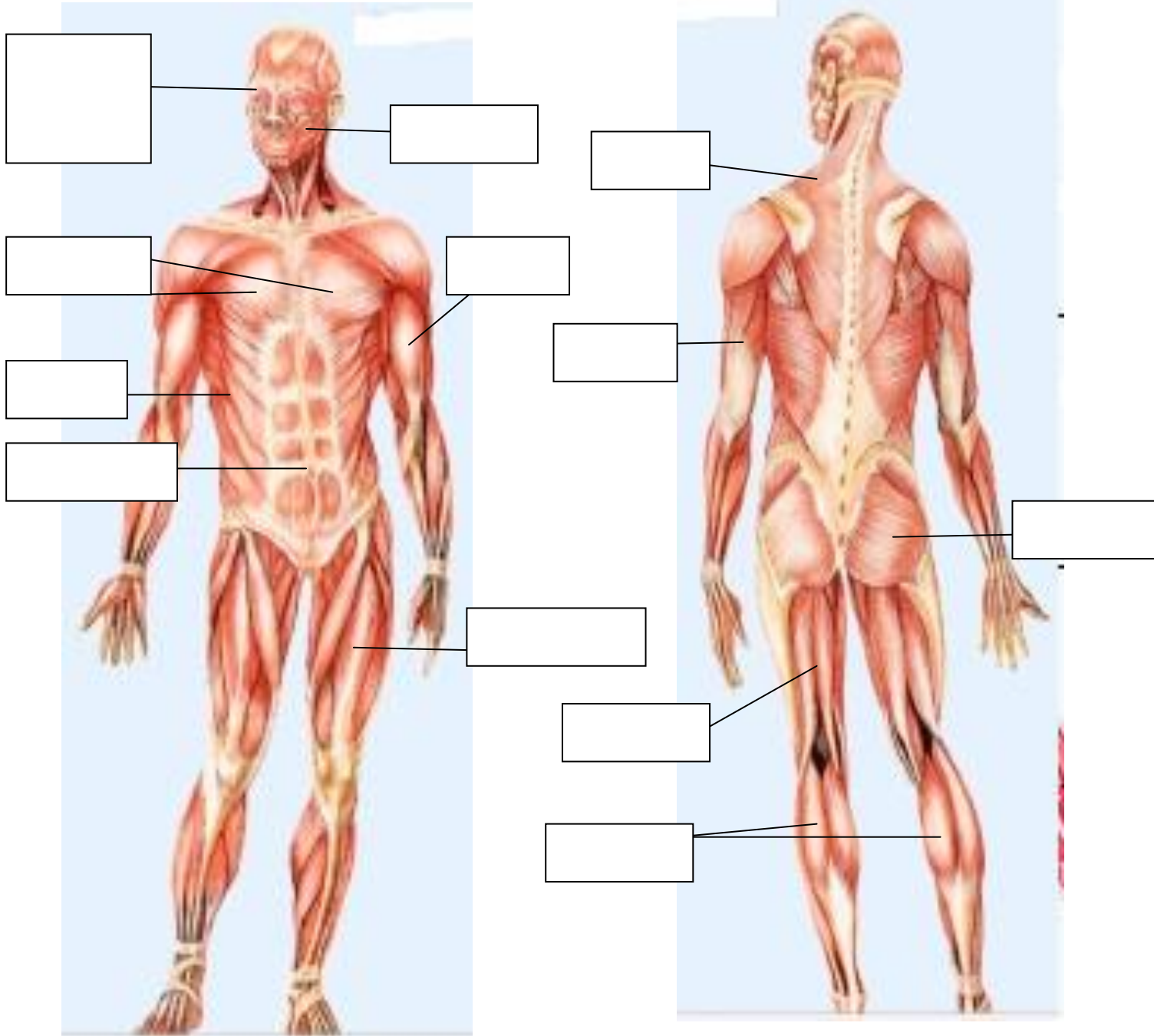
Ana Vallés – Aula PT



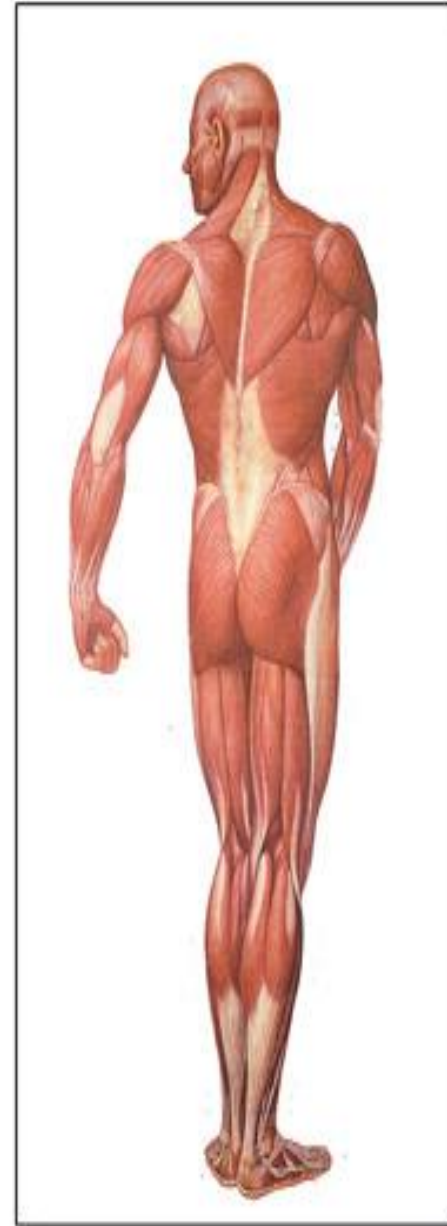
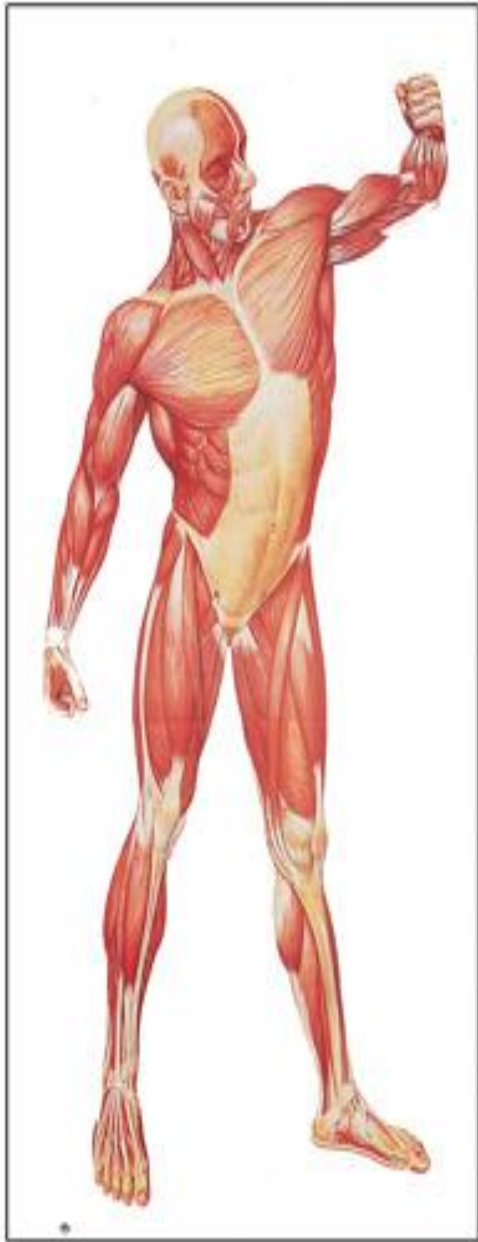












**CONEIXEMENT DEL MEDI. TEMA 4.L'APARELL LOCOMOTOR**

ALUMNE:.....

1. Per què està format l'aparell locomotor? (2p) .....

.....

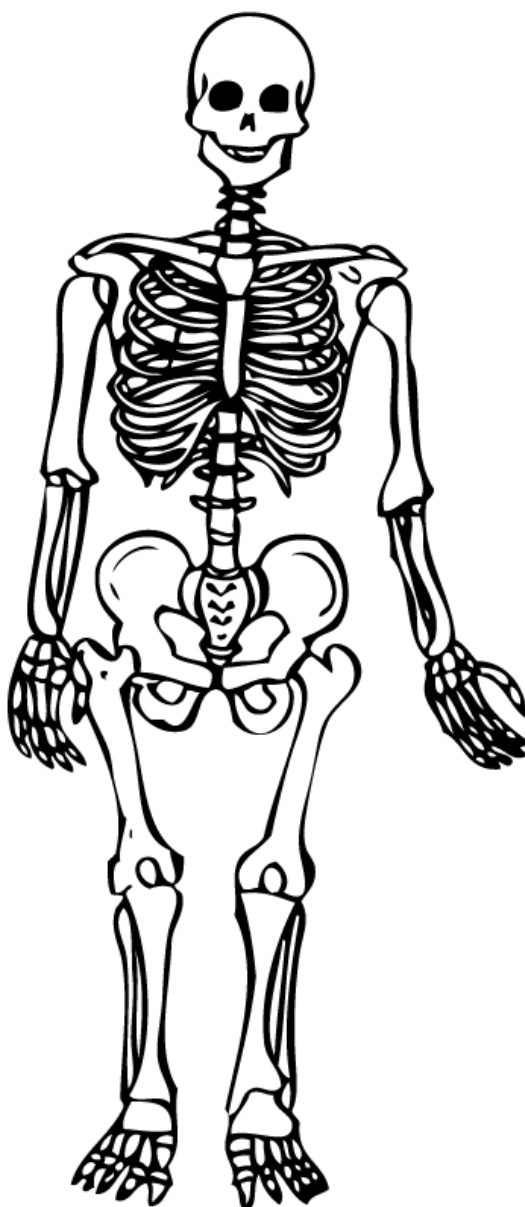
Què és l'esquelet? .....

.....

Quines funcions té? .....

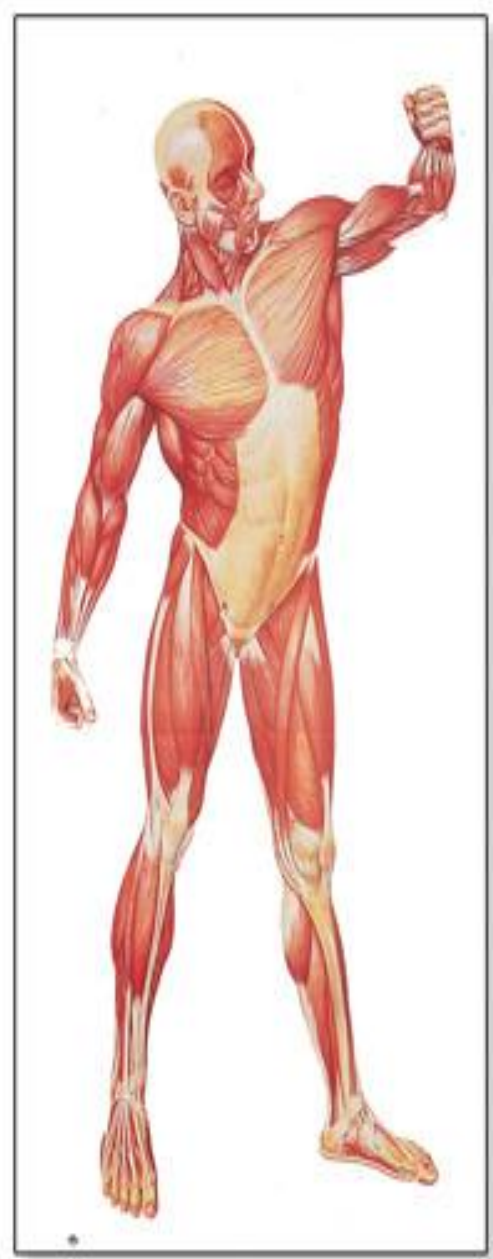
.....

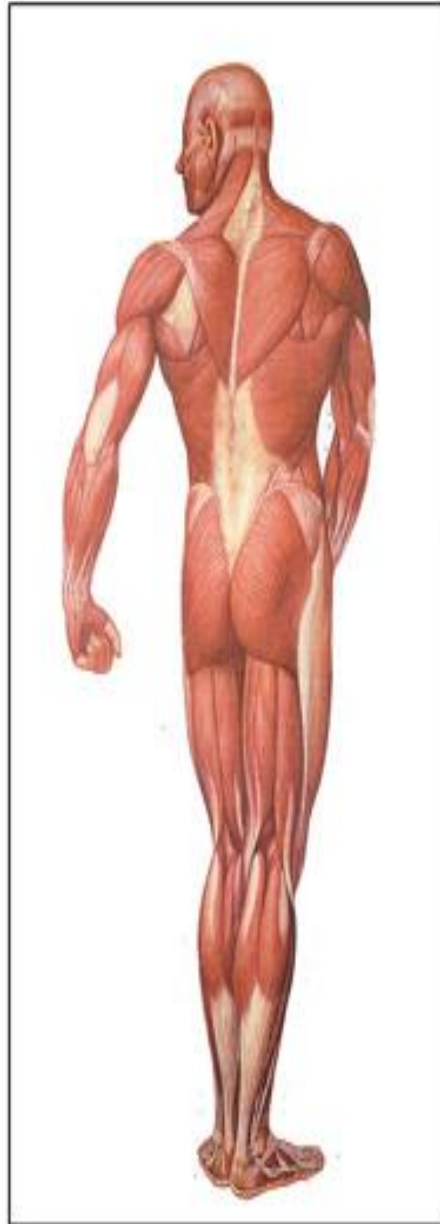
2. Escriu tots els ossos que conegues (3p)

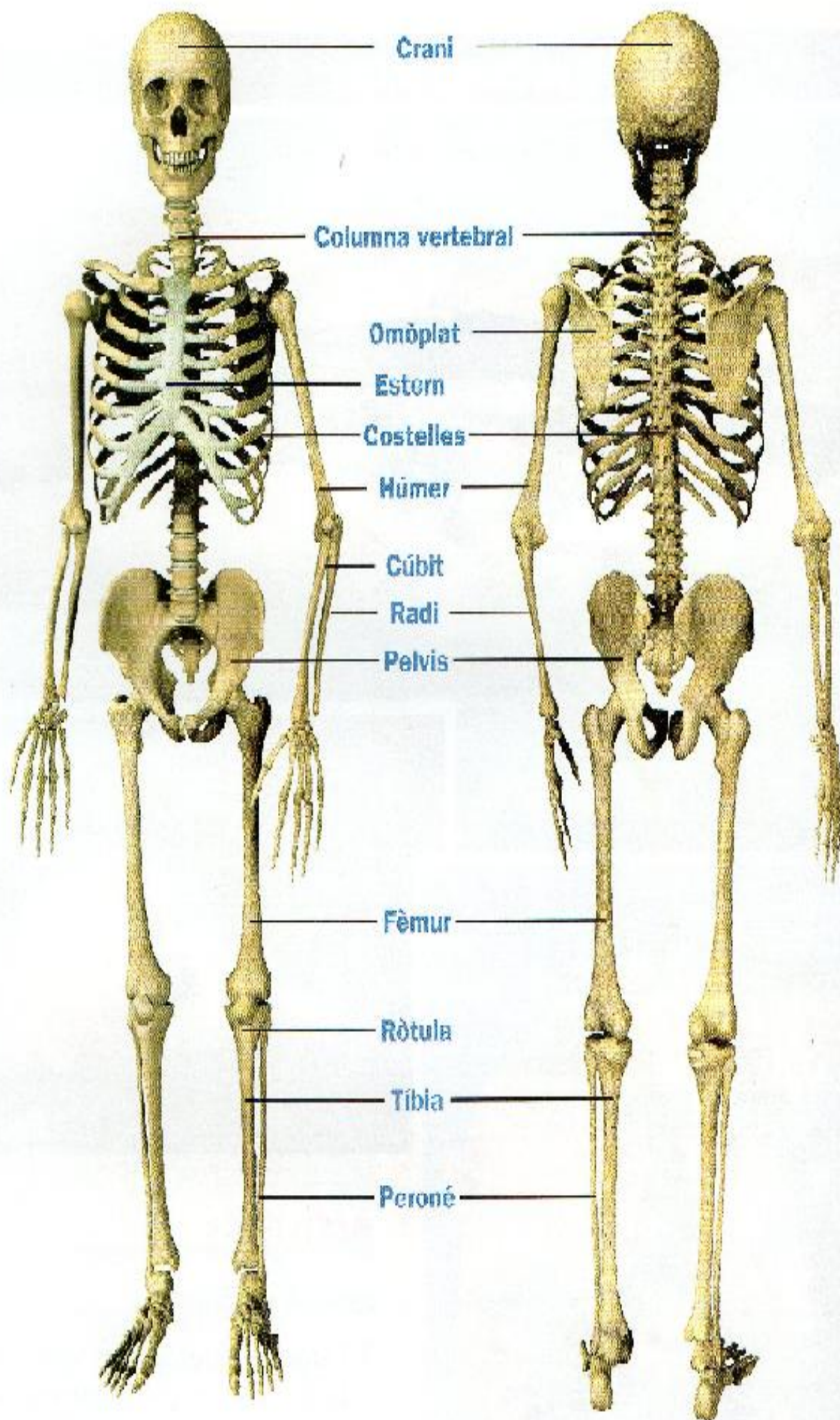


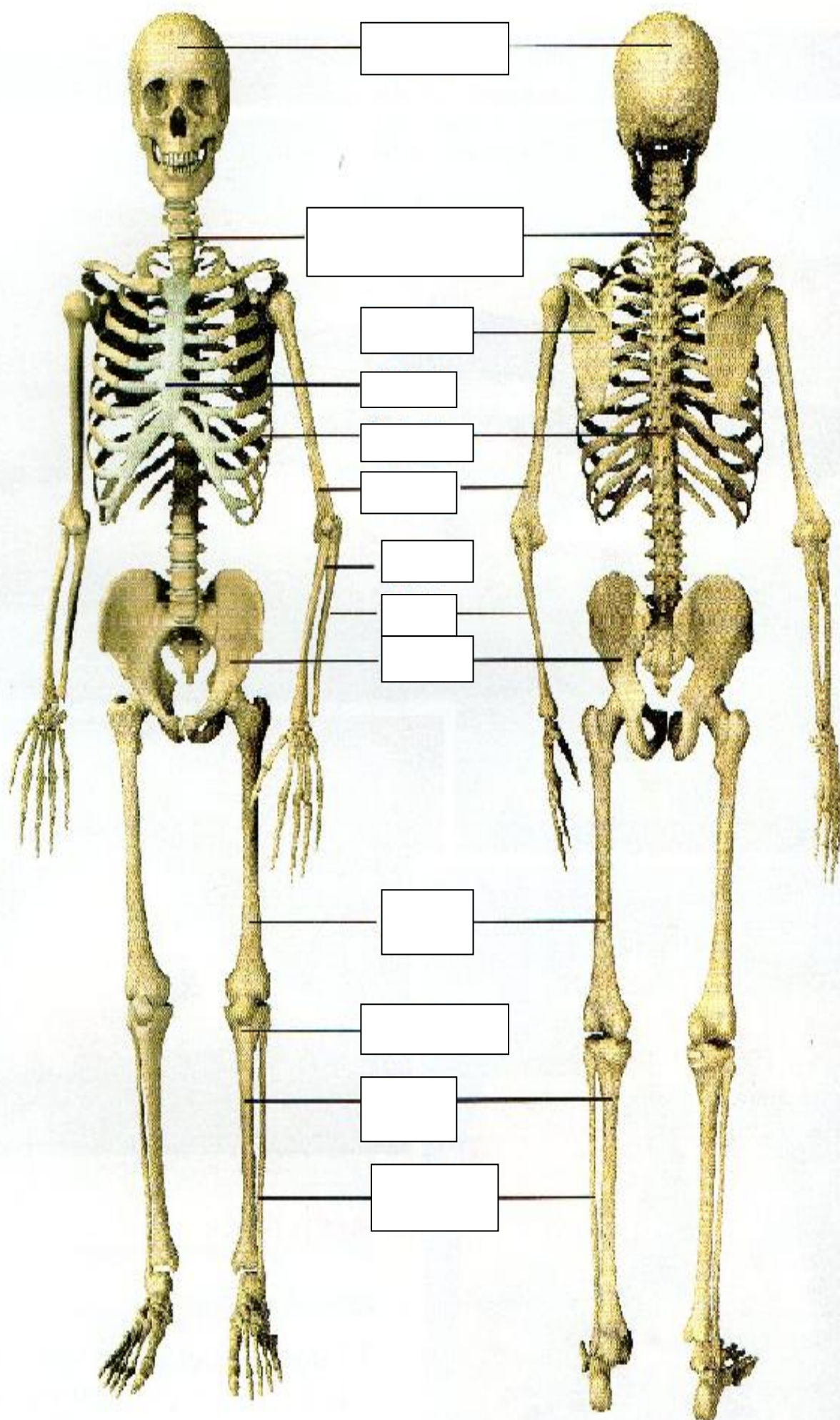
3. Què és la musculatura? (2p) .....  
.....  
Quínes funcions té? .....  
.....  
Quíns tipus de moviments fa? .....  
.....

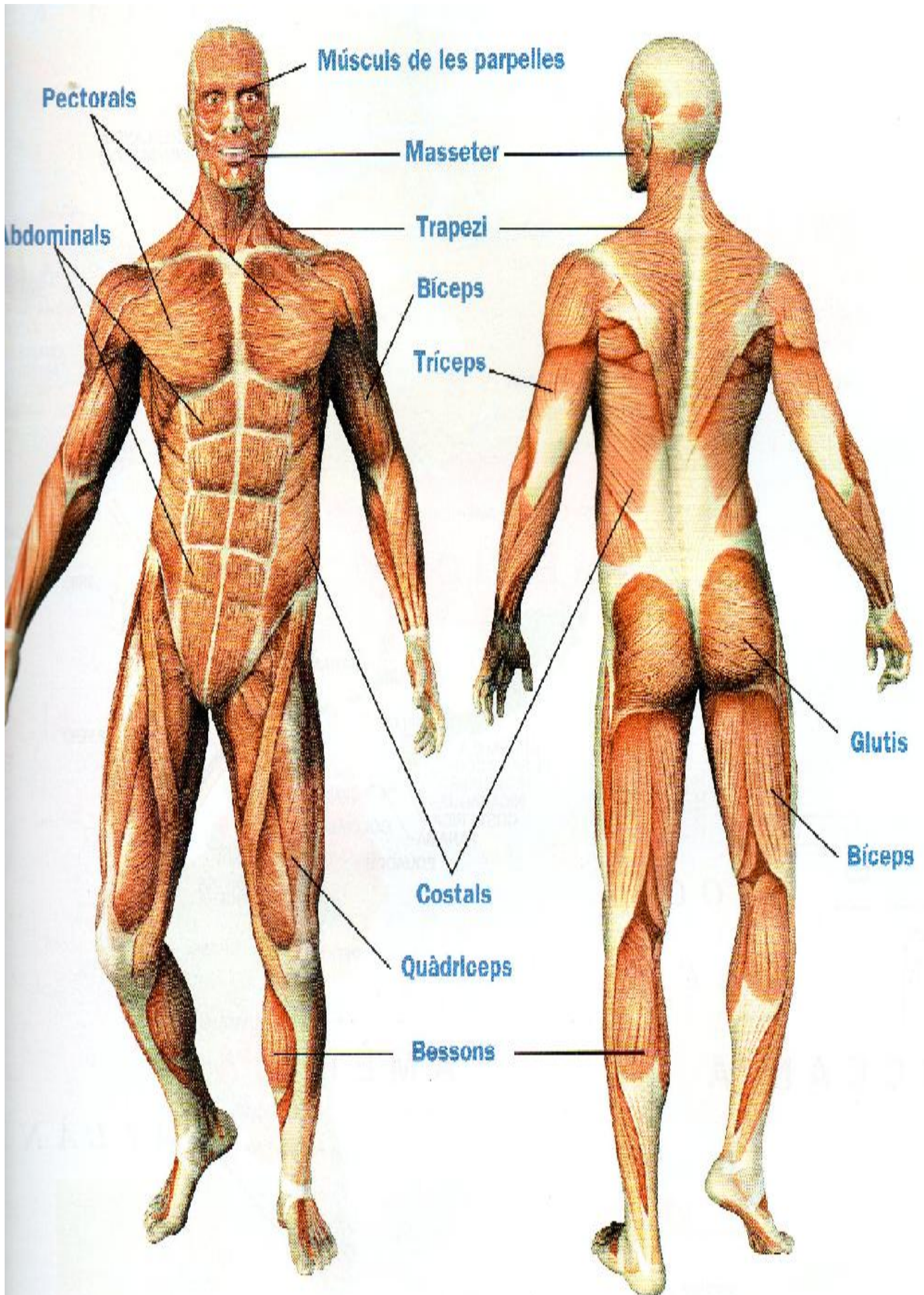
4. Anomena tots els músculs que conegues. (3p)











Muscles de les parpelles

Pectorals

Abdominals

Masseter

Trapezi

Biceps

Triceps

Costals

Quadriceps

Bessons

Glutis

Biceps

